

**WHITE TOWNSHIP CONSOLIDATED SCHOOL**  
**565 CR 519**  
**BELVIDERE, NEW JERSEY 07823**  
<http://www.warrennet.org/whiteschool>

**Linda M. Heilman,**  
**Chief School Administrator**

**Telephone: 908-475-4773**  
**Fax: 908-475-3627**

June 23, 2009

Dear Parent/Guardian,

On June 23, 2009, the Warren County Health Department notified us that there was one (1)-confirmed case of Novel H1N1 Influenza A in White Township School District. It was reported to us that the student is recovering at home.

Warren County Health Officials are following the recommendations provided by the CDC. The New Jersey State Department of Health and Senior Services in full cooperation with Warren County Health Departments, and District Superintendents will continue to closely monitor the situation.

As a precaution our school implemented infection control procedures recommended by our county health officials.

Students and staff with influenza like symptoms (fever with cough and/or sore throat) must stay home and not report to school. Parents/staff should report any of these symptoms when reporting absence. Our health department will be contacting staff and/or parents of students with flu like symptoms to collect additional information and to arrange for specimen collection as needed. Student/staff with influenza like illness should **remain home for at least 7 days** after illness onset, or 24 hours after all symptoms disappear, **whichever is longer**.

The school's custodial staff will conduct daily cleaning of high touch surfaces such as desktops, banisters and door handles.

Good hygiene practices both at home and school will help reduce the risk of infection:

- Cover your mouth and nose with a tissue when you cough or sneeze; put the used tissue in a wastebasket and wash your hands.
- Wash your hands after coughing, sneezing, or blowing your nose.
- Use soap and water and wash your hands for 20 seconds; or
- Use an alcohol-based gel hand sanitizer (at least 60% alcohol) or alcohol-based hand wipes; rub these on the hands until the liquid or gel dries.

The CDC has advised that in general, closing schools for cases of H1N1 Influenza is no longer effective as the virus spreads through the U.S. The mild nature of the disease suggests it should be treated as we would treat any other influenza.

If we receive any further advisements from the Warren County Health Department, we will pass them on to you.

For the most current information visit the Warren County website at [www.co.warren.nj.us](http://www.co.warren.nj.us), or the New Jersey Department of Health and Senior Services [www.nj.gov/health/er/h1n1/](http://www.nj.gov/health/er/h1n1/), or the Centers for Disease Control and Prevention website at [www.cdc.gov/h1n1flu](http://www.cdc.gov/h1n1flu).

Please contact the School Office at 908-475-4773 or the Warren County Health Department at 908-475-7960 if you have any questions.

Sincerely,

Linda M. Heilman,  
Chief School Administrator